Trauma Teddy Project
Donation Guidelines

Appeal Overview

These guidelines outline the design requirements of hand-knitted trauma teddies, intended for use within Victims First Northumbria’s & Northumbria Police’s Trauma Teddy Project. The project is a partnership project between Victims First Northumbria and Northumbria Police, where knitted teddies are given as a comforter to young people in distress. Teddies may be given put in the event of a young person becoming a victim/direct witness in incidents such as a road traffic accident, criminal offence, missing person report or separation from family or friends in a public place. A young person is regarded as aged 18 years or under. Victims will be offered a follow-up call from Victims First Northumbria, to review the young person’s well-being and identify any subsequent support needs, following the incident in question.

Please note some Trauma Teddies may be donated to other Northumbria based initiatives & projects if they are deemed not suitable for Victims First Northumbria & Northumbria Police’s Trauma Teddy Project.

Donation Guidelines

Thank you for your interest in supporting our Trauma Teddy Project. It is asked that all donations adhere to the following guidelines, to ensure compliance with agreed good practice in Health and Safety and the recommendations provided by Northumbria Police’s Legal Department.

1. Donations must be hand-knitted and meet the pattern specifications provided by The Rotary Club of Lutterworth (overleaf). Any other proposed patterns must be firstly approved by Victims First Northumbria and further guidance must be firstly sought from Victims First Northumbria by contacting Enquiries@VictimsFirstNorthumbria.org.uk or 0800 011 3116. Please can consideration be given to ensuring the design is suitable for all age groups.

2. Teddies must not include buttons or zip attachments, which could be accidentally or forcibly removed/ chewed. If a teddy includes any extras, such as a scarf or clothes, these must be securely fastened to the teddy.

3. Seams must be securely fastened. Should access be gained to any fibrous filling material within the teddy through a seam, this may present a choking risk if swallowed. Seams should be tension-tested to ensure they are as secure as possible.

4. If possible teddies should be stuffed with fire retardant padding.

5. Prior to their distribution, pre-prepared labels will be attached to each donated teddy, advising of the need to take care of the item, given that this has been hand-made. Labels will be attached with string to the teddy by Victims First Northumbria.
The Rotary Club of Lutterworth

KNITTED TEDDIES PATTERN

Instructions:

Double knitting wool 1 pair size 10 knitting needles Main colour for head and paws (preferably fawn) Colours for trousers jumper and scarf (should be bright)

Stuffing – please only stuff teddy with polyester or other healthy padding. Foam rubber is not recommended.

Cast on 10 stitches main colour. Knit 10 rows (garter stitch). Continue in garter stitch for 30 rows in trouser colour. Make another leg in the same way.

Knit across all 20 stitches and work 16 rows. Change to jumper colour and knit 24 rows.

Change to main colour for head and also change to stocking stitch. Work for 5 ½ inches.

Change to jumper colour and knit 24 rows. Continue remainder of Teddy in reverse order.

Stitch down the sides of the head. With jumper colour, pick up 8 stitches either side of the neck join (16 in all) and knit 20 rows. Change to main colour and knit 10 rows for paws.

Sew up Teddy leaving opening in crotch. Turn right side out and sew diagonal top corners for ears before stuffing.

After stuffing, run a thread through the knitting around the neck to draw it in.

Sew a happy face and for mouth use either stem stitch or back stitch.

Scarf Cast on 75 stitches. Knit 4 rows and cast off. Tie scarf on Teddy and sew firmly to the back of the neck, close to the jumper edge. Don’t sew down at the front.

The Pattern – shown above – is simple for those who knit and can make good use of small pieces of wool left over from major projects carried out during the year.

www.LutterworthRotary.org.uk/Teddy
Where to Donate

You can donate Trauma Teddies at the Victims First Northumbria Office (located in the Cobalt Business Park), which is open from 8am until 7pm Monday to Friday. Please contact Enquiries@VictimsFirstNorthumbria.org.uk or call 0800 011 3116 for more details on how to find us.

There are also a number of donation sites all across the Northumbria area, please contact Enquiries@VictimsFirstNorthumbria.org.uk or call 0800 011 3116 to find out about your local donation site.

Contact

If you have any queries or questions regarding the appeal please do not hesitate to get in touch with us.

Luke Fairbotham
Enquiries@VictimsFirstNorthumbria.org.uk
0800 011 3116
8am - 4pm (Mon - Fri)

Victims First Northumbria Office
Equinox House (Cobalt 3.2)
Cobalt Business Park
Silver Fox Way
NE27 0QJ
0800 011 3116
8am - 7pm (Mon - Fri)
On behalf of Victims First Northumbria & Northumbria Police, thank you for supporting the Trauma Teddy Project